**Post-doctoral Fellowships in Clinical Psychology**

**at Eating Recovery Center/Pathlight Behavioral Health**

**Eating Disorders Fellowship**

The postdoctoral fellowship training program is a year-long experience designed to meet all criteria required for licensure in Texas. We treat anorexia nervosa, bulimia nervosa, binge eating disorder, avoidant restrictive food intake disorder, and related conditions. Evidence based therapies are utilized within a developmental family system framework of treatment.

The eating disorders fellowship is designed to strengthen generalist skills while developing an area of specialization in the treatment of eating disorders with adolescents and adults. Given the high comorbidity of mood, anxiety, and other psychiatric conditions with eating disorders, there is ample opportunity to conduct a wide array of psychotherapeutic interventions. Responsibilities include conducting biopsychosocial and safety assessments, providing individual, family, and group therapy as well as collaboration with community providers within an interdisciplinary team framework.  Fellows participate in individual and group supervision, didactic and specialty seminars, team meetings, patient rounds and case conferences. Level of care presently treated consists of onsite Partial Hospitalization Program (PHP) due to our Intensive Outpatient Program (IOP) moving to virtual care during the pandemic.

**Mood and Anxiety Disorders Fellowship**

The postdoctoral fellowship training program is a year-long experience designed to meet all criteria required for licensure in Texas. We treat all types of mood disorders, anxiety disorders, and trauma-related disorders conditions. Evidence based therapies are utilized within a developmental family system framework of treatment.

The mood and anxiety disorders fellowship is designed to strengthen generalist skills while developing an area of specialization in the treatment of mood and anxiety disorders with adolescents and adults. There is focus on Cognitive Processing Therapy for trauma-related conditions in adults and Trauma Focus Cognitive Behavioral Therapy with adolescents. As with the eating disorders program, there is ample opportunity to conduct a wide array of psychotherapeutic interventions. Responsibilities include conducting biopsychosocial and safety assessments, providing individual, family, and group therapy as well as collaboration with community providers within an interdisciplinary team framework.  Fellows participate in individual and group supervision, didactic and specialty seminars, team meetings, patient rounds and case conferences. Level of care presently treated consists of onsite Partial Hospitalization Program (PHP) due to our Intensive Outpatient Program (IOP) moving to virtual care during the pandemic.

**Areas of Specialty Training and Locations**

**(Please note that one fellow is chosen for each of the 3 programs at only one location).**

* Eating Disorders Program, Houston and The Woodlands locations
* Mood and Anxiety Program, The Woodlands location

The start date for postdoctoral fellowships is the Monday following Labor Day (September 12, 2022) and fellowships end on August 31st each year. Stipend is competitive.

Interested applicants should email a cover letter, a current Curriculum Vita, 3 letters of recommendation, and a copy of graduate school transcripts to Deborah M. Michel, PhD, CEDS-S, FAED, Regional Clinical Director, Houston and The Woodlands, Texas at [**deborah.michel@ercpathlight.com**](about:blank).