



**Charlotte J. Hillegass**

Thesis Defense

College of Humanities and Social  
Sciences

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MA Clinical Psychology

**The influence of racial background and masculine norm endorsement on men's response to depressive feelings: Understanding help-seeking decisions**

In the United States, men are less likely than women to seek help for depression (SAMHSA, 2018). The existing research suggests that this could be due to socialized masculine norms (McDermott et al., 2018). Further, there are racial differences in help-seeking preferences, and masculine norms may have different impacts on help-seeking for different racial groups (Vogel et al., 2011). The current study seeks to expand on previous research by identifying if specific masculine norms influence the endorsement and type of help-seeking men use, and if this varies between racial groups. This study also seeks to expand research on how masculinity impacts help-seeking in response to depressive feelings after racial discrimination.

Event Information

July 05, 2022

3:00 PM

Zoom

Committee Members

Dr. Craig Henderson

Dr. Jorge Varela

Dr. Courtney Banks



**Sam Houston State University**

**PUBLIC DEFENSE ANNOUNCEMENT**